

#### Overviem

Official: Republic of Poland (Informal: Polsko)

**Area:** 312,685 sq km

Capital: Warszawa (Warsaw) Population: 39 million ('15 est.) (about twice the size of GA, USA)

Literacy: 99.8% Median Age: 39.9

Ethnicity: Polish 96.9%, Silesian 1.1%, German 0.2%,

Ukrainian 0.1%, other 1.7%

Language: Polish 98.2%, Silesian 1.4%, unspecified 2.4% Religion: Catholic 87.2%, Orthodox 1.3%, Protestant 0.4% and other 0.4% (includes Jehovah's Witness, Buddhist, Hare Krishna, Gaudiya Vaishnavism, Muslim, Jewish, Mormon), unspecified 10.8% ('12 est.)

National Anthem: "Mazurek Dabrowskiego" (Poland Is Not Yet Lost)

**Major Urban Areas:** *Warszawa* (1.72M); *Kraków* (760k)



### Brief Timeline

Piast Dynasty Era begins - 940 Christianity adopted - 966 State formation - 1025 Jagiellonian Dynasty begins - 1389 Polish-Lithuanian Commonwealth - 1569 Partitioned by Prussia, Russia and Austria 1<sup>st</sup> constitution - 1791 Independence - 1918 Nazi Germany invades Poland (Molotov-Ribbentrop Pact) Communist rule - 1947 Karol Wojtyla becomes Pope John Paul II Solidarity movement - 1980 Transition to democracy - 1989 Lech Walesa elected president - 1990 Poland joins NATO - 1999

### Government

"...obliged to bequeath to future generations all that is valuable from our over one thousand years' heritage..."

- preamble Polish Constitution 1997

The Republic of Poland is a parliamentary republic. It is a bicameral legislature consisting of the **Senat** (100 seats) and the **Sejm** (460 seats). The president holds a 5-year term and appoints the prime minister.

Because of Poland's beautiful and often brutal history, it has adopted a system of checks and balances within the government to ensure all freedoms within their 3<sup>rd</sup> Republic. With over 40 parties, Poland is often lead by a coalition government. Poles are well-informed and educated about their government and politics.

Polish news @ www.warsawvoice.pl







Beata Szydło

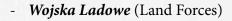
### Armed Forces

The primary mission of the armed forces is the defense of Polish territorial integrity and Polish interests abroad. The Armed Forces of Poland (Silv Zbrojne Rzeczypospolitej Polskiej "SZ RP") or the informal Wojsko Polskie (WP) is composed of four branches:



SZ RP emblem

Minister of



- Marynarka Wojenna (Navy)

- *Siły Powietrzne* (Air Force)

Wojska Specjalne (Special Forces)

and commanded by the following:

Commander-in-Chief: Pre. Duda

Minister of Defense: Antoni Macierewicz

Chief of Staff: Generał Broni Mieczysław Gocuł



120k Active: 515k Reserve: Military age: 18 Conscription: No

Photo by: Silar

Military Culture

The military has experienced a radical transition in the past 20 years. The Soldier no longer serves the political party (communist state), but instead is an integral part of Polish society. The WP is a strong regional leader whose role on the world stage increases daily.

Poland demonstrates this by supporting and participating in the NATO Partnership for Peace Program, joint exercises training multiple missions to Africa and the Middle East. Polish



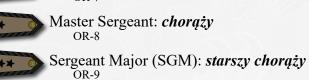
military doctrine reflects the same defense posture as its Alliance partners. The Polish military continues to restructure and modernize its equipment.

The US and Poland have enjoyed warm bilateral relations since 1989. Be aware that while Poland has modeled much of its modern Army after the US, including its rank structure, it has not fully embraced the more collaborative US Army relationship between officer and senior NCO.

*God, Honor, and Homeland*, the traditional battle-cry of the past, is still the motto of the professional army.



Poland joins European Union - 2004



Command SGM: starszy chorąży sztabowy

Sergeant First Class: młodszy chorąży

OR/OF Ranks: NATO maintains a standard rank scale to match to corresponding ranks used by other members.

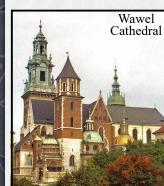


Polish Army @ www.polska.pl/en

### The People

What makes a Pole Polish or Polacy? Speaking Polish, being a citizen of Poland, having ethnic Polish roots, being a Roman Catholic and/or identifying oneself with Polish traditions, or a combination of all of these? Yes! In exploring and learning more about the identity of Poles, consider:

- Polono-Slavic origins
- Catholicism
- Music & dance
- Politics
- Environment



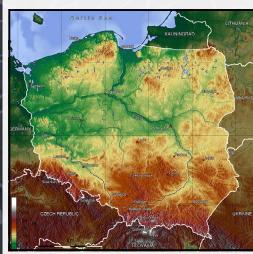
- Polish language
  - Art & literature
  - Cuisine
  - Sports & leisure
  - History

Given their history and ability to endure and overcome, Polacy associate themselves with democracy, freedom and tolerance, but above all, love for Poland.



### The Land

Northern Poland has a long coast on the Baltic Sea. The country is largely dominated by low-lying rolling plains, except in the south where the *Tatras* form a watershed and natural border with Slovakia. The highest point is Mt. Rysy at 8,200 ft/2,500m. Poland's main rivers include the *Wisła*, the *Odra* and the Warta. The country has 3 main ports: Gdansk, Gdynia and Szcezecin and a dense rail network. The climate is generally temperate with relatively cold winters and warm summers.















**Polish** 

Hej!/Cześć!

Dzień dobry.

Do widzenia.

Nie ma sprawy.

Nie, dziękuję.

Przepraszam.

Jak się masc?

Miło mi poznać.

Jak sie nazywasz?

Nazywam się \_\_\_\_.

Nie rozumiem.

Czuję się dobrze, a wy?

Proszę.

Dziękuję.

Helpful Phrases

**English** 

### Cultural Considerations

- Polish people tend to very hospitable.
- There tends to be a strong sense of duty towards each other, especially family.
- Respect for women and elderly is important, especially in rural areas.
- · While walking down the street, not everyone will look at you (not rudejust the way it is).
- Personal space bubble is similar to the US; this is not always true in lines at shopping centers and malls.
- Many people speak several languages (English, French, German and Russian) but are sometimes shy and modest about this.
- Loud behavior is considered rude in public places (unless sporting or similar event).
- Art, education, history, dance and music are highly valued.
- Catholic holidays and traditions shape much of their daily life, especially mass.
- Take an interest in Polish holidays, Soviet-era Palace of customs, sports, food and beverages!



Marzana effigy to honor spring



# Rapport Building

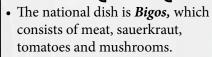
- Punctuality is valued; be on time.
- To build trust initially, be humble and courteous.
- A greeting, a handshake and direct eye contact is the norm when introduced.
- Pan or pani (Sir or Ma'am) is preferred initially, until you are told otherwise.
- Use hard facts, but know that there is an interest in your feelings.
- Verbal confrontations/disagreements are commonplace and generally not taken personally.
- Tendency towards low context and task-orientation.
- Negotiations are facilitated by solid rapport, collaboration, respect and honoring time.
- Humor plays a big role in communicating after the relationship is established.
- Sarcasm is generally used and understood, but it is important that you have familiarity with the situation and person before using it.



US/Poland meeting

Cultural Considerations and Rapport Building guidance provided by Polish Army counterparts.

## Maybe you knom...





- Norm for tipping is 10-15%.
- The drinking and smoking age is 18. Poland uses the metric system.
- 65% of households have internet.
- There is a preference for American movies, TV and music (use to build rapport).
- The Polish **Złoty** is the national currency signified by **Z**t; the international code is "PLN."
- Exchange rate US 1.00 = PLN 3.77.
- Public restrooms/water fountains are not always available.
- The police emergency number is 991.
- Poles love their national soccer team the **Biale Orly** or the "White Eagles."







Yes/No

Hi.

Good day.

Good bye.

Thank you.

No, thanks.

You're welcome.

Nice to meet you.

I'm fine and you?

What is your name?

I don't understand.

How are you?

My name is...

Excuse me/I'm sorry.

Please.

Where's the bathroom? Gdzie jest toaleta/wc? *Scan the QR code for pronunciation* and Polish language resources at the Defense Language Institute Foreign Language Center (DLIFLC) on-line (a) www.dliflc.edu

Tak/Nie

